

The “De Facto” Mental Health System

A Tool to Understand the Mental Health System in Rural Communities

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Your Community’s Mental Health System

Specialty Mental Health

General Medical/Primary Care

Human Services

Voluntary Support Network



Specialty Mental Health Sector

- Psychiatrists, psychologists, psychiatric nurses, and social workers in:
 - Community mental health centers
 - Public and private agencies and clinics
 - Psychiatric and SA treatment hospitals
 - Psychiatric/SA units of general hospitals
 - Residential treatment centers
 - Private practices



General Medical/Primary Care Sector

- Family physicians, pediatricians, internists, nurse practitioners, and physician assistants in:
 - Private practices
 - Clinics
 - Community health centers/Federally Qualified Health Centers
 - Rural health clinics
 - General hospitals
 - Nursing homes



Human Services Sector

- A wide range of agencies and organizations:
 - Social welfare
 - Criminal justice
 - Educational
 - Religious
 - Charitable



Voluntary Support Network Sector

- Self-help groups
- Family members
- Social groups
- Organizations committed to education, communication, and support


